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How to make standing hair go down

So 2020 did a number on you, huh? Same. And so far, well, 2021 ain't acting like a peach, am I right? And perhaps this (less than) glorious past year and the new one on its heels has turned you into an Amazon addict, an Oreo aficionado, an eternal eater, a news junkie, a fully functioning semi-alcoholic, a conscious complainer, a joyless jackalope of a human, a moody Marlo, a caffeinated-beverage collector, a flustered and fickle force — for good, we hope? — or a lazy lady who just can't seem to find the gumption to “get up and go” amidst the daily monotony and an unwelcome break from socialization with her village. You're not alone. And just so you know, this too shall pass. I adhere to (and invite you to join) the camp that believes that every chapter in our lives, even those we eat, drink, shop, struggle, or curse our way through, serve to better us. So love the you of today, even if she's not who you were pre-pandemic. There's no doubt that she's a woman doing her gosh darn best during a global health emergency and a funky time in our nation's history and SHE'S. STILL. STANDING. Bravo, ladies. Keep up the impressive work. This post comes from the TODAY Parenting Team community, where all members are welcome to post and discuss parenting solutions. Learn more and join us! Because we're all in this together. If there's one thing summer is about, it's looking effortlessly cool. Hairstyles that require perfection, upkeep, and maintenance just don't jive with the spirit of the season—save those for the holidays. When it's hot and humid out and each day is charged with the possibility that anything can happen (oh, summer nights), you want a hairstyle that works with your natural wave and texture; something that embraces twists, turns, braids and waves; something that works with flyaways and frizz; and something that can look even better the messier your hair and the longer the days get. For that aim, we rounded up 15 cool looks to pin, try, and tailor to your heart's (and hair's) content this summer. Keep scrolling to see the styles you have to try at least once this season! Getty Images/George Pimentel / Contributor The messy top knot was made for summer. The wilder your hair is, the better the whole style looks, so you don't have to worry about humidity, frizz, or flyaways. Twist Me Pretty A few clear elastics and three minutes max is what you need to pull off this beautifully woven ponytail. Click here for steps to similar looks. Studded Rose For shorter hair, this knot is so easy yet totally stunning. It's the perfect style for showing off your sun-kissed babylights all summer. A classic braided ponytail can keep your hair off your shoulders in the summer heat; elevate the style by keeping your hair slicked tight to your head with a center part. A Beautiful Mess Great for a variety of hair lengths, this simple style looks great with a traditional braid or fishtail braid. Add some sea salt spray to your natural waves and you have the ultimate summer look. Summer weddings are invariably sweltering, so this low bun with braided detail is the perfect chic updo for an outdoor event. Urban Bush Babes Embrace the spirit of summer with this cool and effortless hairstyle. A side ponytail has never looked better than with big, high-impact braids. Twist Me Pretty This braided pretzel bun looks way prettier and more complicated than it is to create— it just takes two minutes! Click here for the full tutorial. They're not just for Pippi Longstocking anymore —braided pigtails are a quick and easy way to tame your summer strands. Go ahead and place them high on your head for a delightfully late-90s/early-aughts tribute. Does anyone else suddenly want a candy necklace? Hair Romance This twist on the topsy tail is a summer favorite and takes only three steps. It even works with curly hair, too. Treasure and Travels The simple and effortless half-up knot looks great no matter your hair type or length (save for a pixie cut). All you need is a few pins, and a little spray for extra hold. Click here for full tutorial. Possibly even lower-effort than the top knot, a chic scarf can make even hair that has been literally piled on top of your head a cute summer moment. LuLu's We love the chic-meets-casual look of this low rolled updo that's perfect for summer date night. Click here for the full tutorial. Keep your standard half-up-half-down 'do interesting with some braided detail in the upper portion of the hair. Barefoot Blonde This braided look gives off a hippie vibe that we love. It's so quick and easy that we may end up wearing this all summer long. Which of these looks will you try this summer? Let us know below, and click here to shop the texturizing product we're obsessed with for summer hair. “In the great scheme of things, what matters is not how long you live, but why you live, what you stand for, and what you are willing to die for.” — Paul Watson “We either stand for something or we fall for anything.”When I first heard these words from textile CEO Nathan Cohen 30 years ago, I thought of Jimmy Stewart in Frank Capra's classic movie, “Mr. Smith Goes to Washington.” As newly appointed U.S. Senator Jefferson Smith, he stands up against the political graft of the big-business, big-media machine of Jim Taylor in what many assumed would be a lost cause. It wasn't. And in any case, lost causes are sometimes “the only causes worth fighting for.”As I got older, Nathan Cohen's quote invoked less dramatic thoughts of business, brand, and employees. Nathan Cohen built his own personal brand based on a brand of business seemingly forgotten and discarded some time ago. His brand stood for a kind of trust, a kind of promise of the return you'd get from doing business with him or his company.”In matters of taste, swim with the current. In matters of principle, stand like a rock.” —Thomas JeffersonNathan Cohen was the steward of an old-economy stalwart: Suffolk Knitting, which had one 1,000,000-square-foot mill in Lowell, Massachusetts, and a second in Bennington, Vermont. Founded around the turn of the 20th Century by his Lithuanian immigrant father, these massive mills incorporated thousands of family lives and became the equivalent of whole towns. The Cohen family understood that the company and its community were one — that the mills served as tributaries to the families and suppliers that sustained them.Suffolk Knitting produced well-made textile products at a fair price. The company met competition head on, but with respect. As Malden Mills president, Aaron Feuerstein, told me: “Suffolk Knitting and the Cohens were nightly topics of conversation at our dinner table. They were a primary competitor but they were our brethren, too.”Nathan Cohen was raised in a well-to-do Jewish household that provided him an MIT education and the discipline of hard work. He spoke straight and clear, with a razor-sharp mind, a quick wit, and a giving heart. Nathan's life was the mills, his wife, his two daughters, and his philanthropy — notably his role as a founding trustee and benefactor of Brandeis University.Nathan built a thriving company. He made weekly commutes on old roads and flat tires in order to work at the mills and spend time with him family. He worked hard to support his family and to ensure he could help friends, relatives, and good causes.”Anyone can observe the Sabbath, but making it holy surely takes the rest of the week.” — Alice WalkerNathan was known for his unflinching sense of humor. Always a quipster, always ready for a good joke, he was equally known for his unimpeachable integrity. His word, his handshake, were better than any contract. In one instance, he agreed verbally to the price for a large order of wool yarn, but before he received the contract, the market price plunged 20 percent. So the suppliers sent him a contract with the new, lower price. Nathan signed the contract, but changed the price back to the original, higher price.Nathan Cohen also had a great respect for his employees, many of whom came from the same villages in Russian and Eastern Europe. Several generations worked in his family's mills. Many were children, even grandchildren, of immigrant parents who had worked at the mill. Others were relatives or friends. But business changed in the 1960s. National economics dictated that most mills move South. Nearly all did. The Cohens stayed. They could not abandon their hometown community, friends, or the families that relied on them.The unwritten word: Employees, the community, are an inseparable part of the business family. “I am because we are.” — African aphorismSome of Nathan's friends and relatives considered him “soft,” unable to make the harsh decisions needed to keep the mills profitable. That's what I was told. But I saw something else: a man who acted at work as he did at home.I thought Nathan was simply unwilling to stand up to Anne, his strong-willed wife, who did not want to move. I assumed he was too “weak” to be a “good” businessman. I didn't learn the truth until after he passed away.The truth was that he refused to walk out on his employees. In these mill towns, if the factory moved, many people would be left without work for years to come. . Nathan Cohen was clear: He was not Suffolk Knitting. Everyone who worked there was. And they were all in business together.He never talked of leaving. By the early 1970s, the business went into bankruptcy.”There are people who have money and people who are rich.” — Coco ChanelBy the Cohen family's definition, Suffolk Knitting was a success. It employed several thousand people for a dozen years after other mills went South. Thousands of families were able to stay together long enough to find other work.Nathan Cohen died in 1979. Given his past wealth, he left a modest estate — a few hundred thousand dollars. But his legacy has paid off handsomely.For one, it enabled his daughter, Leni Joyce, to build her own textile business with a homey atmosphere reminiscent of her father's mills. She can still literally smell those mills and often awakens in the night, hearing her father's advice: “Whatever you do,” he said before he died, “make it beautiful.” He wanted to make sure she too stood for something special.”Try not to become a man of success but a man of value.” — Albert Einstein Brand Lifeline: Build Your Brand on Deep-Seated Personal Values“If the things we believe are different than the things we do, there can be no true happiness.” — David O. McKayAt the end of the day, ask yourself: What values governed my day? Are they the values I want to be living? Are they the values I want to be remembered for?Nathan Cohen was ultimately known for his word — a word of inclusion and fairness, not of competition or ego. It was a word that shone like gold; you could take it to the bank.To this day, more than 20 years after his death, I still run into people who knew him, who did business with him. They range from big business executives to independent contractors to the man who ran the local butcher shop.When they learn that I am his grandson, impromptu, the stories begin. Each is a variation on the same theme: his integrity, his heart, and his talent for buying wool! “Nathan Cohen, your grandfather. Let me tell you what he did for me.”“A hundred years from now it will not matter what my bank account was, the sort of house I lived in, or the kind of car I drove ... but the world may be different because I was important in the life of a child.” — Simone WeilTo read more about Nathan Cohen, see ML2 E-Newsletter #45. His life story is discussed in Chapter 12, the life story of his daughter, Leni Joyce, of my New York Times best-selling book, Making a Life, Making a Living.Copyright © 2000 Dr. Mark S. Albion. All rights reserved.by Mark AlbionRead more columns by Mark Albion. Refers to a device that is self-contained, one that does not require any other devices to function. 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