


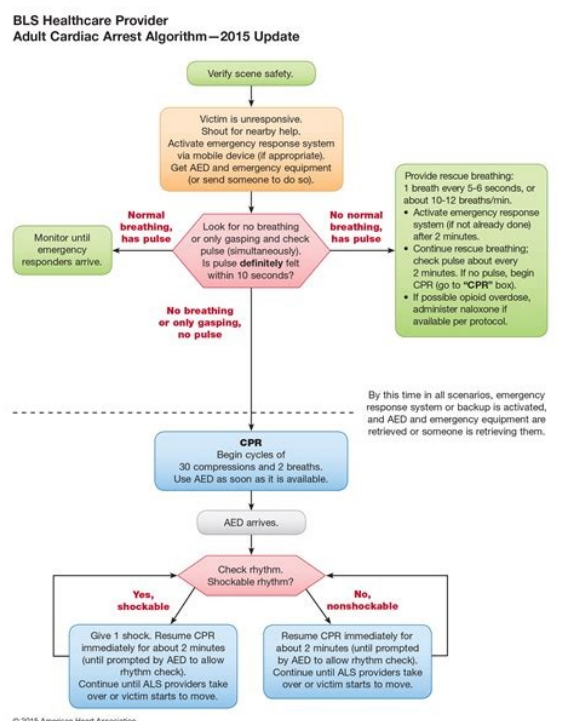
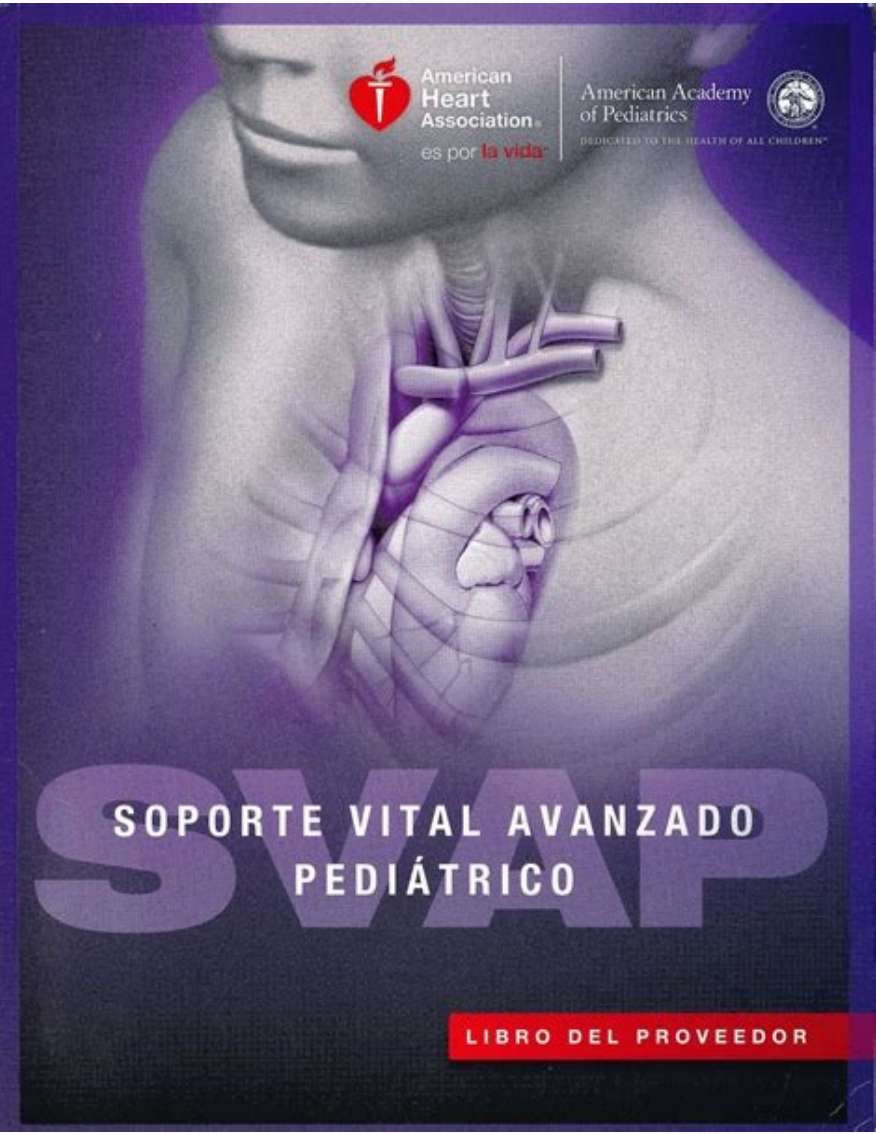
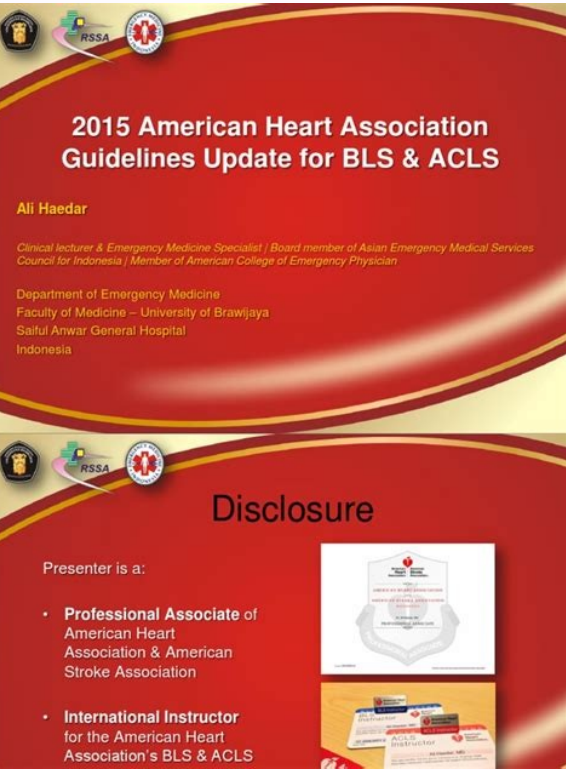
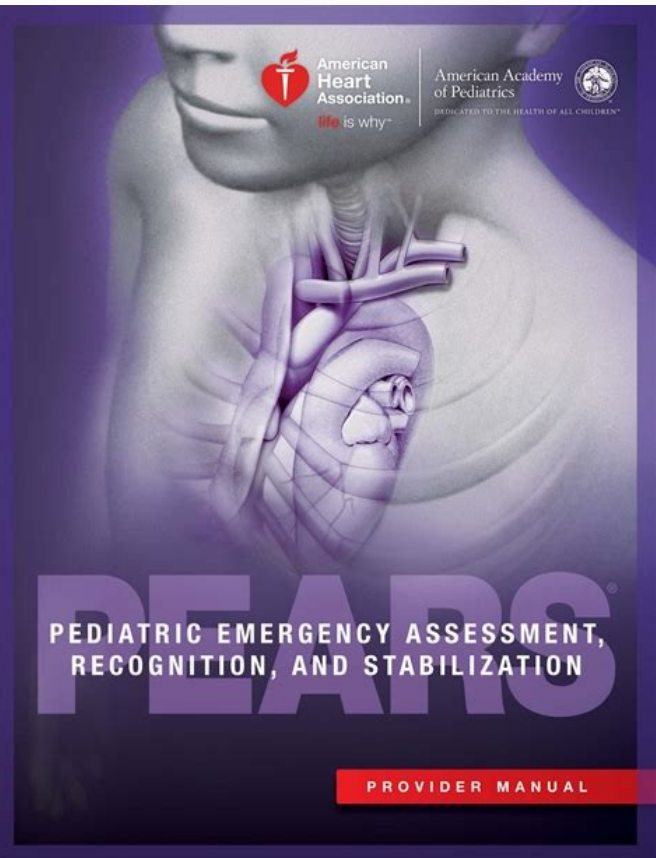
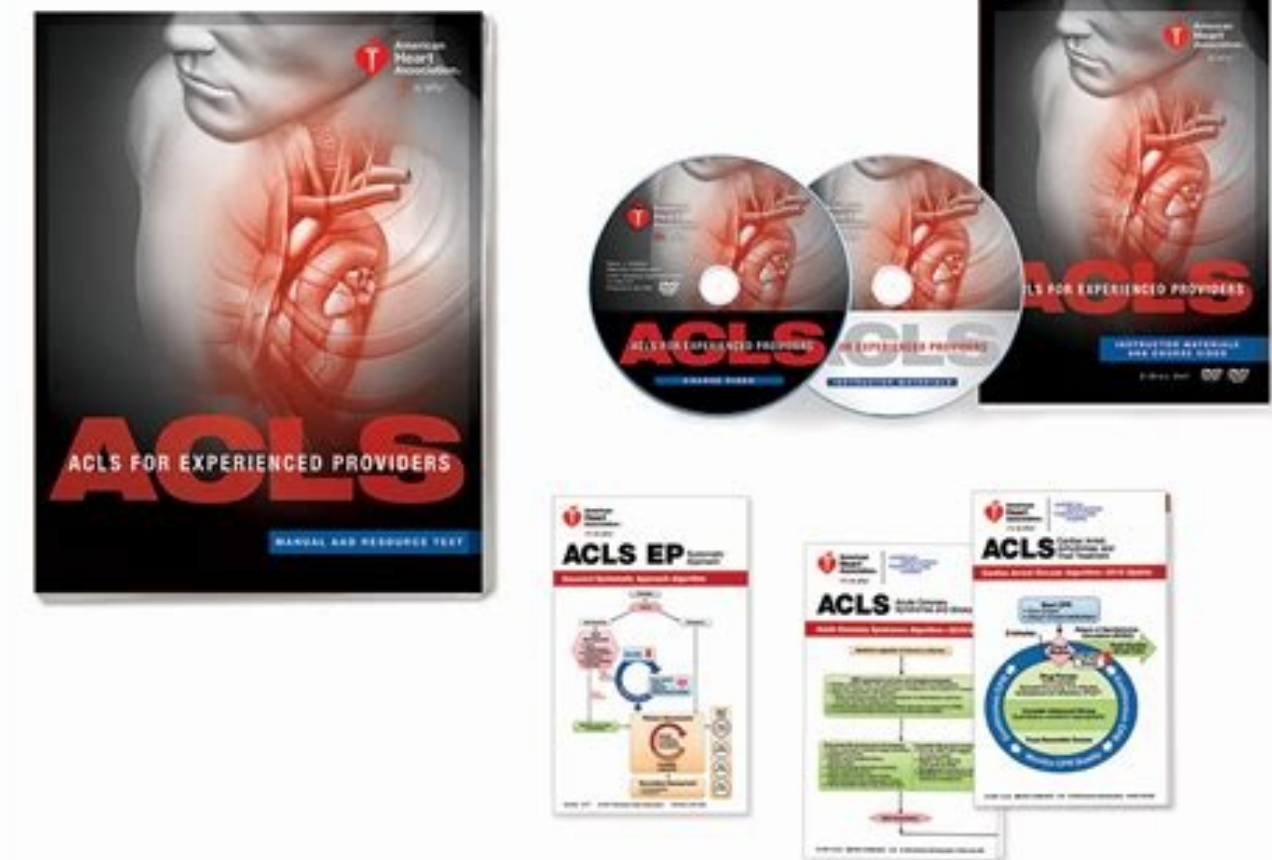
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^ Hallstrom, A. ^ "Frequently Asked Questions- What is a CoSTR?". Drowning In cases of drowning, rescuers should provide CPR as soon as an unresponsive victim is removed from the water. doi:10.1056/NEJMoa040566. "European Resuscitation Council Guidelines for Resuscitation 2015Section 2. "Public-access defibrillation and survival after out-of-hospital cardiac arrest". P. Weisfeldt, M., Travers, A., Christenson, J., McBurnie, M. Med. doi:10.1161/01.cir.000016362.42586.1e. doi:10.1056/NEJM200005253422101. Archived from the original on 2013-12-14. An automated external defibrillator (AED) machine is essential during resuscitation. 105 (19): 2270-3. However, the American Heart Association's BLS protocol is designed for use by laypeople, as well as students and others certified first responder, and to some extent, higher medical function personnel. If the victim becomes unresponsive, CPR is started. ^ Hallstrom A, Cobb L, Johnson E, Copass M (May 2000). ^ Nozioni primo soccorso BLS Archived October 28, 2005, at the Wayback Machine (Italian), PDF document (12p, 912 Kb) Retrieved from " ^ Gavin D, Perkins, Anthony J, Handley; Rudolph W, Koster (2015). CiteSeerX 10.1.1.456.8789. Resuscitation. If the victim is able to speak and cough effectively, the obstruction is mild. Retrieved 27 June 2019. 95: 81-99. Defibrillation during the first 3 to 5 minutes during resuscitation can produce survival rates as high as 50 to 70%. When a defibrillator is not readily available, a rescuer or bystander should keep the blood flowing by performing chest compressions and rescue breaths at an age-appropriate rate until it is. Archived from the original on 31 March 2019. When a person is unconscious and is not breathing normally, emergency services should be alerted and cardiopulmonary resuscitation (CPR) and mouth-to-mouth resuscitation (rescue breaths) should be initiated. This improves survival outcomes in cardiac arrest cases.[4] Indications Cardiac arrest Cardiac arrest occurs when the heart stops pumping in a regular rhythm. ^ "About CoSTR - Continuous Evidence Evaluation (CEE) and Consensus on Science with Treatment Recommendations (CoSTRs)". If the victim presents in a shockable rhythm, early defibrillation is still recommended. ^ "HUT RI 73th". Depending on the age and circumstances of the victim, there can be variations in the compression to breath ratio given. doi:10.1016/j.resuscitation.2015.07.015. Qualified bystanders with training in BLS are encouraged to perform the first three steps of the five-link chain of survival. Spain: SVB (soporte vital básico) Belgium: aide médicale urgente ("emergency medical assistance")/ EHBO (eerste hulp bij ongelukken, "first aid") Brazil: SBV (Suporte básico de vida) France: PSE 1 & PSE 2 (Premiers Secours en Equipe niveaux 1 & 2), "First Aid as part of a team," level 2 includes stretching and teamwork. (former CFAPSE before 2007 Certificat de Formation aux Activités des Premiers Secours en Equipe, "Training certificate for first aid teamwork") Poland: Podstawowe zabiegi resuscytacyjne/ KPP (Kwalifikowana pierwsza pomoc) Portugal: SBV (Suporte Básico de Vida) Germany: Lebensrettende Sofortmaßnahmen (basic life support) Romania: SVB (suport vital de bază) Netherlands: BLS ("first aid" is referred to as EHBO (Eerste hulp bij ongelukken)) Turkey: TYD (temel yaşam desteği, "basic life support") Special Populations When performing BLS, laypeople and medical personnel are encouraged to remember that some groups of people have certain conditions that need to be taken into considerations. The ILCOR representatives come from various countries such as the United States, Canada, Australia, New Zealand, and from the European, Asian, and African continents. CPR involves a rescuer or bystander providing chest compressions to a victim in a supine position while also giving rescue breaths. In particular, rescue breathing is important in this situation. If a victim becomes unresponsive he should be lowered to the ground, and the rescuer should call emergency medical services and initiate CPR. In 2000, the committee published the first resuscitation guideline. International Liaison Committee on Resuscitation. In 2005, the committee published International Consensus on Cardiopulmonary resuscitation (CPR) and Emergency Cardiovascular Care (ECC) Science with Treatment Recommendations. PMID 15306665. High Quality CPR See also: Cardiopulmonary resuscitation § Methods High quality cardiopulmonary resuscitation (CPR) and early defibrillation using an automated external defibrillator (AED) are the most important aspects of BLS to ensure a victim survives. In this situation, early defibrillation is the key to returning the victim's heart back to a normal rhythm. Respiratory arrest is the most common indication of BLS in infants and toddlers. 342 (21): 1546-53. Unsourced material may be challenged and removed.Find sources: "Basic life support" - news - newspapers - books - scholar - JSTOR (April 2020) (Learn how and when to remove this template message) Basic life support (BLS) is a level of medical care which is new methodology called Consensus on Science with Treatment Recommendations (CoSTR) to evaluate the quality of latest evidence available and to reach a conclusion on the best treatments available in resuscitation.[2] Using the CoSTR methodology, ILCOR also started to conduct yearly reviews and published updates on the latest evidence in five years is cost-effective.[7] Although the adult CPR sequence that entails less forceful chest compression is even more suitable in children. If the victim is unable to speak or cough effectively, or is unable to breathe or is breathing with a wheezy sound, the airway obstruction is severe. Emergency medical care by first responder For techniques and equipment for keeping a patient alive longer term, see life support. Retrieved 2018-10-28. A sequence of back slaps and chest compressions are used instead.[citation needed] References ^ "About ILCOR". "Cardiopulmonary resuscitation by chest compression alone or with mouth-to-mouth ventilation". It can be provided by trained medical personnel, such as emergency medical technicians, and by qualified bystanders. ^ "ILCOR Documents" (PDF). Please help improve this article by adding citations to reliable sources. When the airway is opened during CPR, the rescuer should look into the mouth for an object causing obstruction, and remove it if it is evident.[citation needed] Technique United States Basic Life Support Emergency Medical Services In the United States are generally identified with Emergency Medical Technicians-Basic (EMT-B). ^ "British Resuscitation Council Basic Life Support Guidelines". Other countries The term BLS is also used in some non-English speaking countries (e.g. in Italy[12]) for the education of first responders. ^ "What is CPR?". An adequate ratio of high quality chest compressions and rescue breaths are crucial. Archived from the original (PDF) on 2017-11-14. "Effects of interrupting precordial compressions on the calculated probability of defibrillation success during out-of-hospital cardiac arrest". ^ Eftestøl T, Sunde K, Steen PA (May 2002). Circulation. J. PMID 12010909. Since 2010, the committee has provided materials for regional resuscitation providers such as European Resuscitation Council and American Heart Association to write their own guidelines.[1] Since 2015, ILCOR has used a new methodology called Consensus on Science with Treatment Recommendations (CoSTR) to evaluate the quality of latest evidence available and to reach a conclusion on the best treatments available in resuscitation.[2] Using the CoSTR methodology, ILCOR also started to conduct yearly reviews and published updates on the latest evidence in resuscitation, changing it from the previous 5-yearly review on resuscitation.[3] CPR provided in the field increases the time available for higher medical responders to arrive and provide ALS care. Retrieved 2019-10-09. 351 (7): 637-46. Pregnant women To relieve choking, chest thrusts should be used instead of abdominal thrusts when the victim is in late pregnancy.[citation needed] Obese If a victim of choking is obese and a rescuer cannot perform adequate abdominal thrusts, they are encouraged to instead perform chest thrusts.[citation needed] Infants To relieve choking, abdominal thrusts should not be used in infants under 1 year of age due to risk of causing injury. The New England Journal of Medicine. savingchicagocpr.com. United Kingdom Adult BLS guidelines in the United Kingdom were published in 2015 by the Resuscitation Council (UK).[8] based on the 2015 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science with Treatment Recommendations (CoSTR) published in November 2005.[9] The newest guidelines for adult BLS allow a rescuer to diagnose cardiac arrest if the victim is unresponsive and not breathing normally. PMID 26477420. It is then recommended to perform back blows until the obstruction clears. A.; Zalenski, R.; Becker, L. Rescuers should only intervene in victims who show signs of severe airway obstruction, such as a silent cough, cyanosis, or inability to speak or breathe. B.; Schron, E. Adult basic life support and automated external defibrillation". Background The International Liaison Committee on Resuscitation (ILCOR) was formed in 1992 to coordinate the efforts of resuscitation worldwide. The most critical factor in restoring breathing in the victim is to provide high quality rescue breaths. American Heart Association. These changes were introduced to simplify the algorithm, to allow for faster decision making and to maximize the time spent giving chest compressions; this is because interruptions in chest compressions have been shown to reduce the chance of survival.[10] It is also acknowledged that rescuers may either be unable, or unwilling, to give effective rescue breaths; in this situation, continuing chest compressions alone is advised, although this is only effective for about 5 minutes.[11] For choking, the guidelines in the United Kingdom first call for assessing the severity of the situation. Engl. Resuscitation Council UK. N. Archived from the original on 14 August 2018. If a victim is coughing forcefully, rescuers should not interfere with this process and encourage the victim to keep coughing. An important advance in providing BLS is the availability of the automated external defibrillator or AED. PMID 10824072. EMT-B is the highest level of healthcare provider that is limited to the BLS protocol; higher medical functions use some or all of the Advanced Cardiac Life Support (ACLS) protocols, in addition to BLS protocols.





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