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Wowhead cooking guide

About this Guide - (Patch 3.2.2a) | This WoW Cooking and Fishing Guide is the #1 complete list of Recipes for cooking fish you catch in World of Warcraft. The list is sorted from easy to advanced recipes and includes recipes from the Daily Quests in Dalaran. I turned to the best site in the Wow community to find all the tasty bits I wanted to share. So you can better understand which fish are used in the Cooking Profession, I assembled a table of all fishing-related recipes from skill level 1 to 450, as a handy and free resource guide. I believe this is the best guide for those of you in a hurry to raise your cooking skill. My speed leveling quide is based entirely on seafood recipes and includes relatively common in the AH. I've also added a Quick Reference List of both Cooking & Fishing Profession Trainers. Leveling Fishing 1 - 450 Fortunately, fishing skill evel increase ANYWHERE you fish. With every 25 skill-ups, fishing skill. However, the Fishing Buddy Add-On from www.curse.com is quite handy. It shows you how many fish need to be caught for each subsequent skill level increase. It also shows your catch rate statistics for every place you've fished. Speed Leveling for Cooking: If you're in a hurry to level up your cooking skill, consider fishing in the Auction House to find the fish you need. Often times, fish are listed way below their normal market price. Unless you're a purist, or completely broke, this can be a great way to get the ingredients you need to follow the seafood cooking guide and power leveling / power leveling your cooking your cooking guide and power leveling / power leveling your cooking guide and power leveling / skill from 1 to 450: Before you can advance beyond cooking skill of 150, visit a cooking skill of 225, visit a cooking skill of 225, visit a cooking trainer and learn "Artisan" cooking skill of 300, visit a master cooking trainer and learn "Master" cooking. Once you reach a cooking Skill to 415. You will have to use recipes which can advance your cooking Trainers in Northrend and learn "Grand Master" cooking Trainers in Northrend will teach you several recipes which can advance your cooking skill to 415. You will have to use recipes purchased with Dalaran Cooking Rewards from completing Dalaran Daily Cooking Quests in order to advance your cooking and fishing are two professions that go together like chocolate and peanut-butter. I put this list together to to help you better understand the logical order of seafood recipes and the fish needed as you work on improving your skill levels as a chef. The list is sorted by required cooking skill and might be handy if you want to level up your fishing skill from as low as 1 to 450 while leveling your cooking skill. This Fishing Guide and Cooking Guide includes: The Food, The Recipe, Minimum level to eat, The required fish, Range of possible skill-ups (including the minimum skill needed to learn the recipe), Where the recipe can be found. Please enjoy, and I hope you find it useful. Trader Wow's #1 Seafood Guide | Cooking Recipes 1-450 Powered by Complete List of Cooking Trainers: Cooking Trainers can be found in Cities, Towns and Villages across the World of Warcraft. I hope this list is useful as you work on your Cooking Trainers teach: Apprentice (1-75), Journeyman (76-150), Expert (151-225), & Artisan (226-300) Burning Crusade Master Cooking Trainers also teach Master (301-375) Wrath of the Lich King Cooking Trainers also teach Master (301-375) and Grand M Neutral (both) Wow Cooking Trainers 1-450 | Complete List Alegorn - (level 35 Night-Elf Darnassas) 1 - 300 DarnassusCraftsmen's Terrace [49.2,21.2] A H Aska Mistrunner - (level 45 Tauren Thunder Bluff) 1 - 300 Thunder BluffHigh Rise [51.1,52.9] A H Cook Ghilm - (level 8-11 Dwarf Ironforge) 1 - 300 Dun MoroghGol'Bolar Quarry [68.4,54.5] A Crystal Boughman - (level 22 Human Stormwind) 1 - 300 Redridge MountainsLakeshire [22.8,43.6] A H Duhng - (level 35 Dwarf Ironforge) 1 - 300 The BarrensThe Crossroads [55.3,31.8] A H Eunice Burch - (level 35 Undead Undercity) 1 - 300 UndercityThe Trade Quarter [62.3,44.6] A H Gremlock Pilsnor - (level 35 Undead Ironforge) 1 - 300 Dun MoroghKharanos [47.6,52.3] A Mudduk - (level 40 Orc Orgrimmar) 1 - 300 Stranglethorn ValeGrom'gol Base Camp [31.4,28.0] A H Pyall Silentstride - (level 12 Tauren Thunder Bluff) 1 - 300 MulgoreBloodhoof Village [45.5,58.1] H Stephen Ryback - (level 35 Undead Ironforge) 1 - 300 Dun MoroghKharanos [47.6,52.3] A Mudduk - (level 40 Orc Orgrimmar) 1 - 300 Stranglethorn ValeGrom'gol Base Camp [31.4,28.0] A H Pyall Silentstride - (level 12 Tauren Thunder Bluff) 1 - 300 MulgoreBloodhoof Village [45.5,58.1] H Stephen Ryback - (level 35 Undead Ironforge) 1 - 300 MulgoreBloodhoof Village [45.5,58.1] H Stephen Ryback - (level 35 Undead Ironforge) 1 - 300 MulgoreBloodhoof Village [45.5,58.1] H Stephen Ryback - (level 35 Undead Ironforge) 1 - 300 MulgoreBloodhoof Village [45.5,58.1] H Stephen Ryback - (level 35 Undead Ironforge) 1 - 300 MulgoreBloodhoof Village [45.5,58.1] H Stephen Ryback - (level 35 Undead Ironforge) 1 - 300 MulgoreBloodhoof Village [45.5,58.1] H Stephen Ryback - (level 35 Undead Ironforge) 1 - 300 MulgoreBloodhoof Village [45.5,58.1] H Stephen Ryback - 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(level 13 Night-Elf Darnassas) 1 - 300 TeldrassilDolanaar [57.1,61.3] A H Burning Crusade Expansion Baxter - (level 60 Undead Thrallmar) 1 - 375 Hellfire PeninsulaThrallmar [56.8,37.5] A H "Cookie" McWeaksauce - (level 65 Dwarf) 1 - 300 Shadowmoon ValleyWildhammer Stronghold [37.2,58.5] A Cooking - (level 60 Bookcase The Scryers) 1 - 300 Shattrath CityScryer's Tier [43.5,91.5] A H Juno Dufrain - (level 60 Human Neutral) 1 - 375 ZangarmarshCenarion Refuge [78.0,65.3] A H Zurjaya - (level 62 Troll Darkspear Trolls) 1 - 300 ZangarmarshZabra'jin [32.3,49.6] A H Wrath of the Lich King Expansion Angelina Soren - (level 71 Undead The Hand of Vengance) 1 - 450 Howling FjordVengeance Landing [79.2,27.2] A H Byron Welwick - (level 71 Human Valiance Expedition) 1 - 450 Borean TundraWarsong Hold [41.8,54.5] H Marcia Chase - (level 75 Human Kirin Tor) 1 - 450 Borean TundraWarsong Hold [41.8,54.5] H Marcia Chase - (level 71 Human Kirin Tor) 1 - 450 Borean TundraWarsong Hold [41.8,54.5] H Marcia Chase - 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Many thanks to all the awesome Elves, Orcs, and Gnomes at WowHead.com for the great data I've reorganized to make this quick-reference cooking guide and fishing guide above. All the links in this fishing and cooking seafood guide will take you to "WowHead.com" for detailed item information. All the cool roll-over info bubble popups are courtesy of Wowhead as well. -Trader Wow Not a bad guide. Having the list of food buffs for classes will definitely be useful later on when trying to cook everything for my guild's runs. My only critique is it would be nice to have a recommended skill up path; though I assume you are waiting for updated data to add one. Keep up the great work on the guides! Also just noticed that the Blessed sun fruit juice is in the row with the Rum Tum Tubers and the Blessed sun fruit juice has the Chimaerok chops materials listed. should add example skill up fishing and cooking at the same time & making it cheaper. (useful for those wanting to skill up fishing and cooking at the same time & making it cheaper. (useful for those wanting to skill up fishing and cooking at the same time & making it cheaper.) not see that until phase 4 of Classic. Worth particular note:STV and Arathi raptors are absolutely amazing for leveling cooking. They readily drop both eggs and meat that can get you from 130 to 235. Worth particular note:STV and Arathi raptors are absolutely amazing for leveling cooking. They readily drop both eggs and meat that can get you from 130 to 235. Nice work. Excellent info.Just a couple notes... Under Expert Cooking, Wulan is in Desolace. The map is correct, but the label says Ashenvale. And the first best way from 1-40 is always spiced bread with mats from the vendor right beside the trainer. I just noticed this and i'm not trying to nit pick, but the pin on the map for Zarrin the Night Elf trainer in Teldrassil is way too high. I don't know the exact cords but he is stationed right outside the hut that can be seen on the map right above the "N" in Dolanaar. One suggestion: when you learn cooking, you do learn Basic Campfire. However, to create the fire, you must have Flint and Tinder in your bag, and one Simple Wood. You need one wood per fire you create; the flint and tinder is reusable. I brought this up in my guild the other day and was surprised how many people didn't realize that, or simply forgot, so it may be worth mentioning. Thanks for taking the time to write this guide, it will come in really handy I'm sure. :) Thistle Tea is a great Rogue class item to make with cooking! Credit to the comment on the news feed article which mentioned it first Thistle Tea is a great Rogue class item to make with cooking! Credit to the comment on the news feed article which mentioned it first Another nifty food item that is pretty decent for melee classes is the Dragonbreath Chili from Dustwallow Marsh (just don't jump in water or the Well Fed buff disappears). It's sold by Helenia Olden for Alliance and Ogg'marr for Horde. Thanks for the guide! What, no Dragonbreath Chili? It's pretty good for the melee classes (just don't jump in water or the Well Fed buff disappears). Appreciate the guide nonetheless, though! Ty for the guide, very informative! I like how fishing recipes are included all the way through as an alternative. 1 minor correction: you've marked Sheendra Tallgrass as an Alliance NPC and Vivianna as Horde, but it's the other way around. Note: the Strider Stew recipe IS available for Alliance through a quest in Auberdine. Thanks for the guide. A couple of minor guibbles: You need 12 Giant Eggs for the artisan cooking quest, not 10. Also, your suggested quantities are way off. You'll need close to double what is listed here for most of the skill gaps, because many will go green before you get to the next recipe. Save your money and bag space by cooking everything at the stove in an inn after farming the mats. Free fire is beneficial. The marker for the Horde cooking trainer Zamja is also waaaay off Maybe I'm missing something, but it seems like there's a gap for Horde from 100-130. Curiously Tasty Omelette has a skill requirement of 130. WOWHEAD - please make a guide for all available cooking recipes by guest, you have one for vendors but not for guests Says Recipe: Strider Stew is horde only but Alliance can do a guest in Darkshore for this I believe? Edit: Easy Strider Living It feels like your are not maintaining your guides very well cause I reported the error 2 months ago. Small correction to the guide. Craig Nollward in Theramore is not actually a cooking trainer (unless there is some prerequisite that I have not met). He is there, he just sells a bunch of food and is listed as a . If you do the quest to artisan cooking (unlock 300) and need to fly from Org to Gadgetzan, don't forget to stop in Thousand Needles and buy 20 alterac swiss from the innkeeper there. If you do the quest to artisan cooking (unlock 300) and need to fly from Org to Gadgetzan, don't forget to stop in Thousand Needles and buy 20 alterac swiss from the innkeeper there. Hey, this guide is incorrect in a couple spots I've found thus far. (75-100) Crab Cake (requires 1 Crawler Meat, 1 Mild Spices) OR Cooked Crab Claw (requires 1 Crawler Claw, 1 Mild Spices) (100-150) Seasoned Wolf Kabob (requires 2 Lean Wolf Flank, 1 Stormwind Seasoning Herbs) OR Curiously Tasty Omelet (requires 1 Raptor Egg, 1 Hot Spices) The Cooked Crab Claw recipe isn't usable until Cooking level 85. The Curiously Tasty Omelet recipe isn't usable until Cooking level 130. Just a heads up that you might want to fix this as it skews your overall breakdown on what's needed to level cooking efficiently. It says starting at level 100-150 you can do curiously tasty omelette. But you cant learn that till 130. (100-175) Bristle Whisker Catfish each)160 cooking skill is green so 75 fish is not enough, u need more, maybe 50, maybe 100 its about luck 100-175 Bristle Whisker Catfish each)160 cooking skill is green so 75 fish is not enough, u need more, maybe 50, maybe 100 its about luck 100-175 Bristle Whisker Catfish each)160 cooking skill is green so 75 fish is not enough, u need more, maybe 50, maybe 100 its about luck 100-175 Bristle Whisker Catfish each)160 cooking skill is green so 75 fish is not enough, u need more, maybe 50, maybe 100 its about luck 100-175 Bristle Whisker Catfish each)160 cooking skill is green so 75 fish is not enough, u need more, maybe 50, maybe 100 its about luck 100-175 Bristle Whisker Catfish each)160 cooking skill is green so 75 fish is not enough, u need more, maybe 50, maybe 100 its about luck 100-175 Bristle Whisker Catfish each)160 cooking skill is green so 75 fish is not enough, u need more, maybe 50, maybe 100 its about luck 100-175 Bristle Whisker Catfish each)160 cooking skill is green so 75 fish is not enough, u need more, maybe 50, maybe 100 its about luck 100-175 Bristle Whisker Catfish each)160 cooking skill is green so 75 fish is not enough. Catfish (requires 1 Raw Bristle Whisker Catfish each)160 cooking skill is green so 75 fish is not enough, u need more, next maybe 50, maybe 100 its about luck The "Leveling Classic Cooking from 1-300" section is heavily skewed towards leveling cooking as Alliance. There are several meats on there that (early in the leveling process) you only find in Alliance leveling zones. Would be nice to provide Horde alternatives. THIS IS AN ALLIANCE GUIDE! DON'T DO THIS IF YOU ARE HORDE! Quissy, thank you for such a detailed guide!Let me draw your attention at a small typo — in the list of maps of Horde cooking trainers section used Blacksmithing instead of Cooking for last 4 of them. Cooking Trainer - Shandrina, She had no training to offer for Expect Cooking, is there a character level requirement? I my hunter is a lvl 26, and there is nothing in the guide that states a level requirement? I my hunter is a lvl 26, and there is nothing in the guide that states a level requirement! Cooking Trainer - Shandrina, She had no training to offer for Expect Cooking, is there a character level requirement! Recipe: Kaldorei Spider Kabob isn't on the Alliance-Only Cooking Recipes. in Classic, it's only available to Alliance players, as a reward from the quest "Recipe of the Kaldorei". on Standard (think it started with patch 4.0 possibly) it was added to recipes learned from cooking trainers for both Alliance and Horde players. (225-250) Spotted Yellowtail (requires 1 Raw Spotted Yellowtail each) Spotted Yellowtail is orange from 225 - 265 "To learn Artisan Cooking, you must first complete a quest line, be at least level 35, and have your Cooking skill level at least 225. "This might more accurately say "Cooking skill AT 225" since, unless it's different than other skills, your skill level will not advance beyond 225 until you learn Artisan Cooking. Aren't you missing DIg Rat Stew in the Horde only part of the lists? For the Horde gap 100-130, I found Smoked Sagefish worked well, fish up Sagefish from the river next to Tarren Mill. Heaps of fishing pools so you can smash it out pretty quick. Local mobs are around lvl 25. If you are levelling Cooking with Fish, there is no need to switch to Salmon. You can do Spotted Yellowtail to 300. Getting to 290 is easy with only a few misses. Last 10 takes a bit but is certainly possible. I say this because if raw Yellowtail is usually cheap on the AH. Thank you for the guide. It's been nice as I go along. Small note: Shandrina, in Silverwind Refuge, sells the Expert Cookbook for 90s, not 1g. This is even marked on her page here on wowhead as being such. Why does this article mention the six bar collectors? This is a cooking guide, not mining!Quest NPC: Sergeant Stonebrow 64.1, 65.5Quest NPC: Grunt Maug 30.9, 65.4Quest NPC: Senior Sergeant T'kelah 31.5, 66.8Please remove the above referenced items from the guide. This guide leaves a massive gap between 275 and 285 cooking that is almost impossible to fill unless if you're doing fishing at the same time. You will have to grind several hundred giant eggs or tender wolf meat since the recipes become green at this point. The best solution is to level fishing alongside cooking since there are several cooking recipes to fill this gap that requires fish.

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